



National Institute for Health Research

Clinical Research Network
West Midlands

PARKFIELD MEDICAL CENTRE is a RESEARCH ACTIVE PRACTICE

The GP Research Lead within our practice is Dr Anil Budh-Raja

This practice is pleased to announce that we are now in our first year as a research active practice linked to the National Institute for Health Research (NIHR) Clinical Research Network. We have been accredited by the Royal College of General Practitioners (RCGP) as a Research Ready practice.

We work in close collaboration with a team of GPs, research nurses and facilitators based at the University of Birmingham. If a patient is eligible to join a research study running in our practice, a GP or other healthcare professional will provide written information. Taking part in a research study is voluntary and can be beneficial to patients who participate in them.

Examples of research projects include:

- Investigating respiratory infections
- Management of heart failure
- How to increase physical activity
- Finding out whether low dose aspirin helps people with Type 2 diabetes
- Ways to help people stop smoking
- The use of self-monitoring of blood pressure
- Investigating timing of taking blood pressure medication

If you would like to know more about research taking place locally, visit:

www.birmingham.ac.uk/CRN-WM

<http://www.crn.nihr.ac.uk/west-midlands>